BLS FOR HEALTHCARE PROVIDERS COURSE OBJECTIVES

At the end of the Healthcare Provider CPR Course students will be able to:

1. Describe the steps of CPR
   - When to start CPR
   - When to give breaths, including with barrier devices
   - When to check for a pulse
   - How to give compressions at the proper depth and rate with complete chest recoil

2. Describe the signs and action steps for severe airway obstruction in the responsive and unresponsive victim

3. Describe the links in the Chain of Survival, including the importance of:
   - Activating the appropriate emergency response system
   - Performing CPR
   - Providing early defibrillation
   - Ensuring the arrival of early advanced care by activating the appropriate emergency response system.

4. Describe the signs & symptoms of 4 common life threatening emergencies:
   - Cardiac arrest
   - Choking
   - Stroke
   - Heart attack

At the end of the course students will be able to demonstrate the following skills:

1. Activating the emergency response system
2. Giving breaths for adult, child and infant victims using:
   - Mouth-to-mouth ventilation
   - Mouth-to-mask ventilation
   - Bag-mask ventilation

3. Giving compressions for adult, child and infant victims by:
   - Pushing hard and fast
   - Allowing full chest recoil
   - Minimizing interruptions in compressions

4. Performing 1 and 2-rescuer CPR for adult, child and infant victims
5. Using an AED for victims above 1 year of age
6. Relieving choking in the responsive and unresponsive victim of any age